

<p>Proverbs 10:19.</p> <p>In the multitude of words sin is not lacking, But he who restrains his lips is wise.</p>	<p>Proverbs 12:18.</p> <p>There is one who speaks like the piercings of a sword, But the tongue of the wise promotes health.</p>	
<p>Proverbs 17:28.</p> <p>Even a fool is counted wise when he holds his peace; When he shuts his lips, he is considered perceptive.</p>	<p>Proverbs 21:23.</p> <p>Whoever guards his mouth and tongue Keeps his soul from troubles.</p>	
<p>Ephesians 4:29-30.</p> <p>Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.</p>	<p>James 1:19-21.</p> <p>So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God. Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.</p>	
<p>James 1:26-27.</p> <p>If anyone among you thinks he is religious, and does not bridle his tongue but deceives his own heart, this one's religion is useless. Pure and undefiled religion before God and the Father is this: to visit orphans and widows in their trouble, and to keep oneself unspotted from the world.</p>	<p>James 3:2-8.</p> <p>For we all stumble in many things. If anyone does not stumble in word, he is a perfect man, able also to bridle the whole body. Indeed, we put bits in horses' mouths that they may obey us, and we turn their whole body. Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles! And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. But no man can tame the tongue. It is an unruly evil, full of deadly poison.</p>	
<p>James 3:9-14.</p> <p>With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so. Does a spring send forth fresh water and bitter from the same opening? Can a fig tree, my brethren, bear olives, or a grapevine bear figs? Thus no spring yields both salt water and fresh.</p> <p>Who is wise and understanding among you? Let him show by good conduct that his works are done in the</p>		

meekness of wisdom. But if you have bitter envy and

self-seeking in your hearts, do not boast and lie against the

truth.